

2023 CASA Minds Over Mountains Cycle Tour Legal Waiver

Certification of Consent, Assumption of Risk, Waiver of All Claims,
Release from Liability and Indemnity Agreement

I (the cyclist/rider/participant) acknowledge, agree to and assume all risks associated with participating in the 2023 CASA Minds Over Mountains Cycle Tour (the tour/event/activity) and release all parties from any liability involved as outlined in the following:

- I understand that participants will be transported by motor vehicle from Edmonton, Alberta to Calgary, Alberta on June 17, 2023. The tour will officially begin on June 18, 2023 in Calgary and end in Sherwood Park, Alberta on June 25, 2023.
- I acknowledge and understand that it is my own responsibility as a cyclist to carry with me the proper documentation/identification during the entire cycle tour. This includes the medical card that will be provided to all participants in advance of the tour and will be based on the medical information submitted at the time of registration. Should any information change prior to the tour including but not limited to medication, medical conditions or concerns, medical coverage, accounts, etc. it is my responsibility as the cyclist to notify the organizers in writing.
- I am aware that the operation of a bicycle and participating in the above event involves risks that might be unexpected and beyond my control. I am also aware that weather may change without warning and present additional hazards.
- I am medically and physically fit in all respects and fully able to participate in this activity and have no medical requirement or condition except as described in the medical declaration submitted upon registration. I am personally responsible for any medical, life or disability insurance purchased. I understand that by willingly participating in this event I acknowledge all

possible risks involved in my participation including but not limited to:
personal injury, death, disability, property damage or loss howsoever caused.

- I acknowledge that any and all necessary medical costs and fees are the responsibility of the participant. I acknowledge that this Agreement and any rights, duties and obligations as between the parties to this Agreement shall be governed solely in accordance with the laws of Alberta and no other jurisdiction; and any litigation involving the parties to this Agreement shall be brought solely within Alberta and shall be within the exclusive jurisdiction of the Courts of Alberta.

- I also acknowledge that in entering this event I will not be relying on any oral or written representations, suggestions or statements made by any agent of the organizers with respect to the safety of bicycle travel.

I confirm that I am of the full age of majority and that I have been given the opportunity to be provided with clarity of the contents, have read and understood this Agreement prior to signing it and agree that this Agreement will be binding upon my heirs, next of kin, executors, administrators, assigns and representatives.

Furthermore, by participating in the CASA Minds Over Mountains Cycle Tour from June 17–25, 2023, I agree to adhere to the following:

- It is the rider's responsibility to ensure their bike is in top mechanical condition prior to the ride and at the beginning of each day en-route.
- Participate only if you are physically fit and able to meet the vigorous demands of the multi-day cycling schedule.
- Confirm that you are medically fit to participate in this cycle tour, as stated on my medical form.
- Permit the ride organizers, if required and at their discretion, to seek medical assistance on your behalf.

- Permit the ride organizers to share all medical and personal information with emergency medical personnel as required.
- Do not consume alcohol or drugs while cycling or during rest breaks throughout the ride.
- Daily tasks such as carrying your luggage to and from the support vehicles, washing and maintaining your own bike as required, pumping tires in the morning, fix your own flats as required, etc. are my own responsibility.
- Wear highly visible clothing, cycling helmets, cycling gloves, etc. A rear view mirror and back light are highly suggested on this tour.
- It is the responsibility of each rider to carry adequate water, nutritional snacks and emergency rain wear.
- Each cyclist must carry bear spray with them through all mountain stages of the tour.
- For safety reasons, tour organizers have the right to request riders travel in a support vehicle in the event of injury, medical condition, exhaustion or if they are unable to complete the day's ride within the allotted timeframe (riders must be off the road by 5:00pm).
- Cyclists must raise a minimum of \$4,000 in donations and ensure all funds are submitted to CASA prior to the start of the ride on June 17, 2023. Riders will be invoiced for any outstanding balance if the minimum amount has not been achieved. If an extension on fundraising is required, participants must directly contact Ashley Cruz (CASA Philanthropy Officer, Events) at 780-914-8156 to discuss.
- Cyclists authorize CASA to use, reproduce and/or publish photographs and/or video/audio that contain my image, likeness and/or voice without compensation. These materials may be used in various publications, promotional releases, and websites or for any related endeavors. This

authorization is continuous and may only be withdrawn by my specific cancellation of this authorization in writing to CASA.

- Cyclist must advise tour organizers immediately if you cancel your participation. All outstanding donations must be submitted to CASA and will be put towards the general 2023 tour fundraising total.

On behalf of myself, my heirs, executors, administrators and assigns and any other person who may have an interest at common law or by operation of statute, I hereby waive any and all claims I or such parties may have now or in the future, and release from liability and agree not to commence legal action against organizers of the 2023 CASA Minds Over Mountains Cycle Tour and/or CASA Mental Health, their directors, officers, employees and volunteers, agents, sponsors or representatives for any personal injury, death, property damage or loss of any nature suffered by me as a result of my participation in the above mentioned event.

I have read, understand and agree to all the terms outlined. I understand if I do not meet the expectations of the cycle tour, the organizers have the right to use their discretion to address the situation appropriately.

I confirm I have read and completely understood all parts of this agreement.

Name:

Signature:

Date:

Witness Name:

Witness Signature:

Date:

